

**STORMONT HOTEL
BELFAST**

Joining Instructions

Location:

Stormont Hotel, Upper Newtownards Road, Belfast, Co. Antrim, BT4 3LP

Tel: 028 9065 1066 Web: www.hastingshotels.com



Directions:

BY CAR: The Stormont Hotel is situated adjacent to Stormont Castle and Parliament Buildings, in the suburbs of East Belfast. It is 4 miles east of Belfast City Centre, follow the M3, A2 and A20 from the city centre.

BY TRAIN: Station Name: Belfast Central Station

Trains run regularly between Belfast and Dublin (journey time is approximately 2 hours 10 minutes).

Trains travel regularly between Londonderry, North-East to the Port of Larne, East to Bangor and South to Dublin.

BY BUS: The Metro provides a regular local service to and from all parts of the Belfast area.

Course times: Your course starts promptly at 9.30am and finishes at 5.00pm (+/- 30 minutes) on both days.

We will have a 15 minute break morning and afternoon, and a 45-60 minute break for lunch.

Parking: The hotel has ample free parking on site.

Refreshments: The hotel's "La Scala" bistro provides a comprehensive menu throughout the day.

What else do I need to know? Please bring a notepad and pen. We recommend that you wear a short-sleeved or sleeveless top for our vein identification exercises.

Please remember to check back on our website (News Section on Home Page) within 24 hours of your course for any last minute changes and updates (including traffic delays).

Any other questions? If you cannot find the answers to your questions on our website (FAQ section) then please don't hesitate to email us at: info@geopace.com



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