

**HOLIDAY INN EXPRESS
TAMWORTH**

Joining Instructions

Location:

Leisure Island, River Drive, Tamworth, Staffordshire, B79 7ND.

Tel: 0871 423 4876 Website: <http://www.hiexpress.com/hotels/us/en/tamworth/bhxts/hoteldetail>



Directions:

BY CAR: From all directions - nearest motorway is M42. Leave at Junction 10 onto A5 towards Tamworth, then follow A51 towards the city centre. Follow the brown signs for the Snowdome. The hotel's car park is on the left.

BY TRAIN: Station Name: Tamworth. Distance: 1.3 miles to the Hotel. Taxi Charge is approx. £5.00

BY BUS: Nearest stop is Kettlebrook (adjacent to the Snowdome, and next to the hotel).

Course times: Your course starts promptly at 9.30am and finishes at 5.00pm (+/- 30 minutes) on both days. We will have a 15 minute break morning and afternoon, and a 45-60 minute break for lunch.

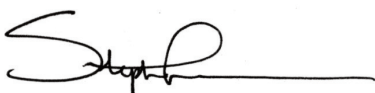
Parking: The hotel has ample parking, although a charge of £1.00 per day is payable on exit.

Refreshments: The hotel has one restaurant, The Great Room, serving a selection of food and drink. Please bring a packed lunch if you prefer. We will be providing free tea/coffee and biscuits, and bottled water will be available at all times throughout the course.

What else do I need to know? Please bring a notepad and pen. We recommend that you wear a short-sleeved or sleeveless top for our vein identification exercises.

Please remember to check back on our website (News Section on Home Page) within 24 hours of your course for any last minute changes and updates (including traffic delays).

Any other questions? If you cannot find the answers to your questions on our website (FAQ section) then please don't hesitate to email us at: info@geopace.com



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