

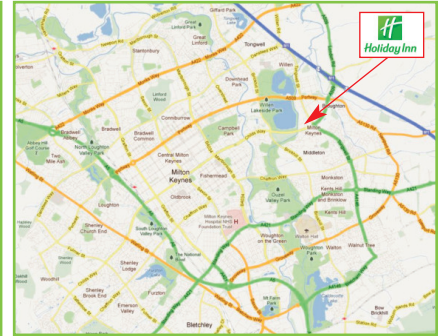
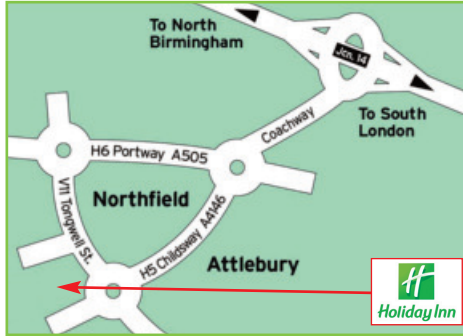
**HOLIDAY INN EXPRESS
MILTON KEYNES**

Joining Instructions

Location:

Eastlake Park, Tongwell Street, Milton Keynes, MK15 0YA

Tel: 01908 681 000 Website: www.expressmiltonkeynes.co.uk



Directions:

BY CAR:

Exit the M1 at Junction 14 and follow signs for Milton Keynes. After 400 yards take the 3rd roundabout exit, onto Portway H6. At the next roundabout take the 1st exit onto Tongwell Street (V11). Holiday Inn Express Milton Keynes is the 2nd turn on the right.

BY TRAIN:

Station Name: Milton Keynes Central. Distance: 3.5 miles to the Hotel. Taxi Charge (one way) is approx. £7.00

Course times: Your course starts promptly at 9.30am and finishes at 5.00pm (+/- 30 minutes) on both days. We will have a 15 minute break morning and afternoon, and a 45-60 minute break for lunch.

Parking: The hotel has ample free parking on site.

Refreshments: The hotel offers a limited selection of snacks and drinks and is located next to a "Harvester" restaurant.

We will be providing free tea/coffee and biscuits, and bottled water will be available at all times throughout the course.

What else do I need to know? Please bring a notepad and pen. We recommend that you wear a short-sleeved or sleeveless top for our vein identification exercises.

Please remember to check back on our website (News Section on Home Page) within 24 hours of your course for any last minute changes and updates (such as adverse weather or traffic delays).

Any other questions? If you cannot find the answers to your questions on our website (FAQ section) then please don't hesitate to email us at: info@geopace.com



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