

**HOLIDAY INN  
IPSWICH**

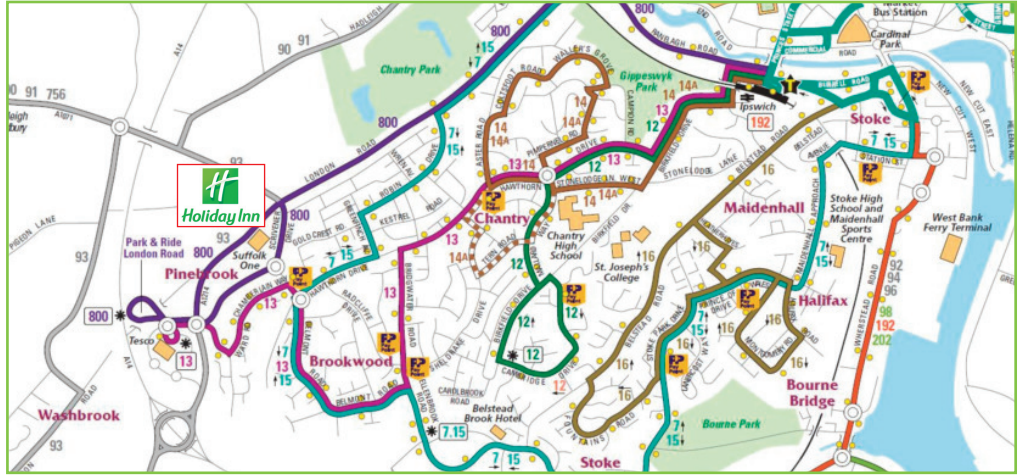
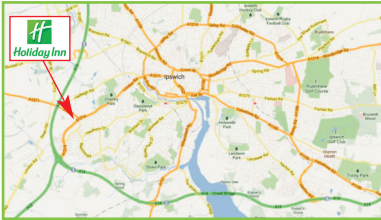
**Joining Instructions**

Location:

**London Road, Ipswich, IP2 0UA**

Tel: 0871 942 9045

Website: <http://www.holidayinn.com/hotels/us/en/ipswich/ipwwe/hoteldetail>



Directions:

**BY CAR:** The hotel is situated 4 miles south-west of Ipswich town centre, located on the Copdock Roundabout interchange of the A12 and A14.

**BY TRAIN:** Station Name: Ipswich. Distance 2.4 miles, located in Burrell Road. Taxi Charge (one way) is approx. £5.00

**BY BUS:** Park & Ride Tesco. Distance: 0.5 mile to the hotel (Copdock Interchange).

Course times: Your course starts promptly at 9.30am and finishes at 5.00pm (+/- 30 minutes) on both days. We will have a 15 minute break morning and afternoon, and a 45-60 minute break for lunch.


Parking: The hotel has ample free car parking.

Refreshments: The hotel's "Junction" restaurant serves breakfast and dinner. The hotel also has an informal bar (Millers Bar) serving a wide range of hot and cold food. We will be providing free tea/coffee and biscuits, and bottled water will be available at all times throughout the course.

What else do I need to know? Please bring a notepad and pen. We recommend that you wear a short-sleeved or sleeveless top for our vein identification exercises.

Please remember to check back on our website (News Section on Home Page) within 24 hours of your course for any last minute changes and updates (including traffic delays).

Any other questions? If you cannot find the answers to your questions on our website (FAQ section) then please don't hesitate to email us at: [info@geopace.com](mailto:info@geopace.com)



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Course Director, Geopace Training

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