



# **Joining Instructions**

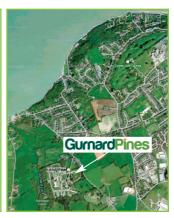
### **Location:**

## Gurnard Pines Holiday Village, Cockleton Lane, Cowes, Isle of Wight, PO31 8QE

Tel: 01983 292 395 Website: www.gurnardpines.co.uk







## Directions by car:

FROM COWES (1.5 miles) - Head southwest on Union Road towards Church Road. Turn right onto Park Road (B3325). At roundabout continue onto Tuttons Hill, then turn left onto Hilton Road. At the rounabout take first exit onto Cockleton Lane. The holiday village is on the right.

FROM NEWPORT (4 miles) - Head east on High Street, take first exit onto Medina Way / A3020. Continue to follow A3020 then turn left onto B3325. Turn left onto Pallance Road then right into Cocleton Lane. The holiday village is on the left.

Course times: Your course starts promptly at 9.30am and finishes at 5.00pm (+/- 30 minutes) on both days. We will have a 15 minute break morning and afternoon, and a 45-60 minute break for lunch.

**Training Location**: Training will take place in the Compass Room.

**Parking**: The holiday village has ample on-site parking.

**Refreshments**: The hotel has a restuarant and bar on site serving a selection drinks and snacks.

What else do I need to know? Please bring a notepad and pen. We recommend that you wear a short-sleeved or sleeveless top for our vein identification exercises.

Please remember to check back on our website (News Section on Home Page) within 24 hours of your course for any last minute changes and updates (including traffic delays).

Any other questions? If you cannot find the answers to your questions on our website (FAQ section) then please don't hestiate to email us at: <a href="mailto:info@geopace.com">info@geopace.com</a>

Stephen Eagleton

Course Director, Geopace Training

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